



ETHNIC PHYSICIAN LEADERSHIP SUMMIT

September 15 & September 16, 2007

Radisson Hotel Sacramento

Speaker Biographical Sketches

General Session

Satinder Swaroop, MD, FACC, FASCI

**Director, Partnership for Change and Commitment to Quality Committee,
Fountain Valley Regional Hospital**

**President Elect & Secretary Treasurer, Orange County Medical Association
Chair, Network of Ethnic Physician Organizations Steering Committee**



Satinder Swaroop, MD serves as OCMA's President Elect and Secretary-Treasurer. He is Board certified in Internal Medicine and Cardiovascular Disease and practices in Fountain Valley.

He serves as the Chairman of the Quality of Patient Care Committee, and Director of the Partnership for Change and Commitment to Quality Committee at Fountain Valley Regional Hospital. Dr. Swaroop is also a member of the Board of Directors of Affiliated Doctors of Orange County.

Dr. Swaroop has served as Chairman of the Department of Cardiology, Director of Cardiac Rehabilitation, as well as a member of the Board of Directors of Fountain Valley Regional Hospital. In addition, he is a member of the Board of Trustees in Maharishi College of Health in New Mexico. He is a past President of the American Association of Cardiologists of Indian Origin, and is currently a Board Member. He is also a past President of the Indian Medical Association of Southern California.

Dr. Swaroop is a member of the California Medical Association (CMA) Council on Legislation and previously chaired the CMA Ethnic Medical Organization Section. He is currently the Vice Chair of the Network of Ethnic Physician Organizations Steering Committee. Dr. Swaroop received his MBBS from the Government Medical College, Srinagar, J&K State in India.

Dr. Swaroop and his wife, Venzila Swaroop, MD, have three children. They reside in Newport Beach.

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Plenary Session: Physician Self Care

Frank Staggers, Jr., MD
Secretary,
Golden State Medical Association –
Sinkler Miller Medical Association



Frank Staggers Jr, MD, is specializes in addiction medicine, HIV medicine, and stress management. Dr Staggers is currently the Medical Director of the Berkeley Addiction Treatment Services Center, and he is the Associate Project Director of the Heart and Health Study at the Ethnic Health Institute of the Alta Bates Summit Medical Center. Moreover, Dr Staggers is currently the Secretary of the Sinkler Miller Medical Association.

Dr Staggers has been a consultant to numerous private agencies and government agencies on substance abuse issues, stress management issues, and other public health matters.

Dr Staggers has been an investigator on multiple federal research projects, including a long-term study on stress in the workplace of Federal employees. He has multiple publications in the fields of addiction, stress management, and adult medicine.

Dr Staggers received his bachelor's degree in psychology in 1975, and he received his MD degree from Creighton University in 1981.

90 Minute Workshops

Electronic Health Records

Moderator
Margaret Juarez, MD
President
California Latino Medical Association

Margaret Juarez, M.D. is currently a private practitioner in Arcadia, California. She recently assumed the presidency of the California Latino Medical Association (CaLMA). Under her leadership, CaLMA continues to be a leader on health issues facing the Latino community.

In addition, Dr. Juarez serves as the chief of OB/GYN at Monterey Park Hospital. She is currently an instructor at the USC Physician Assistant Program and the Western School of Osteopathic Medicine. Dr. Juarez is a member of the American Medical Women's Association, OB-GYN Society, and California Medical Association.

She received her B.A. from California State University at Northridge and her M.D. from the University of California, San Diego. She is board certified, ACOG.

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Presenter
Nileen Verbeten
Director Technology
Physicians' Foundation

Nileen M. Verbeten, MBA, MSW, Program Director, Health Information Technology Initiatives, Physicians' Foundations, formerly, Vice President, Center for Economic Services (CES), California Medical Association

Ms Verbeten has focused on health IT for several years. During her years at CMA, she prepared whitepapers for CMA on the implications of health IT on physician practices, conducted a survey of health IT use in California, researched requirements of health IT performance, and served as a project director for the health IT projects of the Physicians' Foundations, in various roles with CalRHIO, and on several eHealth Initiative small practice work groups. Her CMA work with the Physicians' Foundations had led to her recent full time assignment to them in a role dedicated to initiatives to accelerate the successful use of technology.

Her 26 years of health care experience includes 15 years of responsibility for business functions in practices of all sizes. She holds Masters in Social Work and in Business Administration from the University of Kentucky.

Diabetes Quality of Care

Moderator
Elissa K. Maas, MPH
Vice President of Community Health
CMA Foundation



A native of Washington DC, Elissa grew up in the Bay Area and has worked throughout California for the past 29 years, in both the private and public sectors, specializing in community health.

Elissa is presently the Vice President of Programs for the California Medical Association (CMA) Foundation where she is responsible for the planning, organization and implementation of a number of statewide community health projects designed to link physicians to the communities in which they live and work, including the appropriate use of antibiotics, prevention and treatment of overweight, type 2 diabetes in children, youth and adults and the health of older women.

The Foundation is focused on strengthening the infrastructure to support physician led community health efforts through a community mapping process and developing the funding support for projects through corporate solicitation and grant development. As Vice President of Programs, Elissa works with medical organizations including ethnic medical associations, health plans, public health agencies, consumer groups and community-based organizations throughout California and nationally.

Elissa has her BA in Sociology from the University of California, Riverside and received her Master's in Public Health from UCLA.

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Presenter

Kwabena Adubofour, MD, FACP
President, National Medical Association – Stockton

Dr. Adubofour is the Medical Director of East Main Clinic and Stockton Diabetes Intervention Center in Stockton. The clinic is active in the private practice of internal medicine and diabetes care.

Kwabena is a graduate of the University of Ghana Medical School in Accra, Ghana. Dr. Adubofour finished his residency training in Internal Medicine at Kaiser Permanente Medical Center in Oakland where he was also Chief Medical Resident. His Fellowship training in Clinical Pharmacology was at the Division of Clinical Pharmacology of Stanford University Medical School, Palo Alto.

Dr. Adubofour currently precepts as a Clinical Associate Professor in the Division of General Internal Medicine, University of California Davis Medical Center in Sacramento.

Kwabena is Chairman of the Scientific and Technical Committee of the San Joaquin County Diabetes Society (SJCDS). SJCDS is a non-profit organization created to improve public awareness of diabetes and to improve the management of individuals with diabetes mellitus in San Joaquin County.

Dr. Adubofour serves as the president of the Stockton chapter of the National Medical Association. He also currently serves as the chairperson of “DECISION MEDICINE” – this is a mentoring program organized by the medical society and is designed to encourage high school students to pursue careers as medical practitioners.

Dr. Adubofour is a Fellow of the American College of Physicians, a member of the American Diabetes Association, the National Medical Association and a member of the American Society of Clinical Pharmacology and Therapeutics.

José Alberto Arévalo, MD
Medical Director,
Sutter Independent Physicians
President,
California Latino Medical Association - Sacramento-Sierra Valley Chapter



Dr. José Alberto Arévalo is Medical Director for the Sutter Independent Physicians, a 500 physician multispecialty IPA located in the Greater Sacramento Region. Dr. Arévalo is a board-certified family physician with a long and prominent reputation as a teacher, researcher and administrator. A graduate of Stanford Medical School, he completed his residency and clinical research fellowship in family medicine at University of California San Francisco. Dr. Arévalo has practiced medicine in numerous settings, including several community clinics and a multi-specialty medical group. He has also served on the faculty of the U.C. Davis Medical School for the last 20 years.

As a full-time faculty member at UCD his research focused on reproductive health, gestational diabetes, and Type 2 diabetes. His work lead to numerous publications, the most notable, a 1988 Journal of the American Medical Association paper that helped revise national policy in

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(José Alberto Arévalo, MD Contined)

screening for Hepatitis B in Pregnancy. He was also the director of the Department's Medical Student Education Program and was named the recipient of the 1994 UC Davis Kaiser Award for Excellence in Teaching. He was the first winner of the California Latino Medical Association Lifetime Achievement Award for Outstanding Contributions to Latino Health Issues in 1992.

While at Davis he was also Instructor-of-Record and primary physician consultant for Clinica Tepati, a student-run primary care free clinic serving underserved patients in Sacramento's Alkali Flats, a role he proudly held for 16 years.

Dr. Arévalo has also been a consultant to the Department of Corporations and the lead physician for the Preinatal Outreach Unit for Electronic Data Systems, the Medi-Cal fiscal intermediary.

As a member of the statewide Board of the American Diabetes Association California Affiliate, he worked with the Department of Health Service's Diabetes Control Program as one of the original members of the California Diabetes Steering Committee that created the Diabetes Coalition of California. As the first chair of the Guidelines Committee he led the effort to establish and promulgate Consensus Basic Diabetes Care Guidelines through CCHRI that are now widely accepted across California.

More recently he has been the Northern California medical director for Prudential Health Care, United Health Care, Blue Cross and Turtle Health Plan. Prior to his role at Sutter, Dr. Arévalo was the Senior Vice President for Medical Services for Health Plan of the Redwoods, a 78,000 member non-profit community health plan in Sonoma County.

Dr. Arévalo completed the California Healthcare Foundation/UCSF Center for Health Professionals Leadership Program in 2005. He is currently the Chair and President of the Sacramento –Sierra Valley Chapter of the California Latino Medical Association and the Vice-Chairman of the California Medical Foundation's Network of Ethnic Physician Organizations.

In 2006, Dr. Arévalo was named one of three The California Wellness Foundations' fourth annual Champions of Health Professions Diversity Award winner.

He is married and is the proud father of seven children and three grandchildren.

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Wilma J. Wooten, MD, MPH
President, National Medical Association–San Diego Chapter
NEPO Strategic Planning Committee Chair



Dr. Wooten is board-certified in Family Medicine and has a master's degree in public health. She received both professional degrees from the University of North Carolina, Chapel Hill, followed by residency training at the Georgetown/Providence Hospital Family Practice Residency Program in Washington, D.C. Dr. Wooten has been in San Diego for the past 16 years and practiced medicine as a faculty member in the UCSD Department of Family and Preventive Medicine for the first 11 years. She remains a volunteer Associate Clinical Professor in the Department and is an Adjunct Professor at San

Diego State University, Graduate School of Public Health. Her research interests have focused on women's health and included studies that assess risk factors and prevalence of cardiovascular

disease in African-American women. She is currently a co-investigator on a grant from UCSD Project EXPORT looking at "Adipocytokines and Other Risk Factors for Coronary Heart Disease in African-American Women."

Since March 2001, Dr. Wooten has been the Deputy Health Officer for the County of San Diego Health and Human Services Agency. Current responsibilities include quality assurance, special projects, media spokesperson, and health disparity activities. She functions as the medical director for the County's HIV, STD, and Hepatitis Branch and serves as a County appointee to the HIV Community Planning Prevention Board. She is a member of the State Office of AIDS California African-American HIV/AIDS Coalition and works closely with the local regional constituent to this organization.

Dr. Wooten is President of the San Diego Society of the National Medical Association (NMA), Trustee of NMA Region VI, and Chair of the NMA Women's Health Section. For the past five years, she has accompanied medical missions, organized by the Student National Medical Association (SNMA), to Ghana. Utilizing her public health background, she assisted students with the research and evaluation component of a HIV/AIDS Education and Prevention Program.

Asian Community Health Disparities

Moderator
Danilo Lucila, MD
Philippine Medical Society of Northern California
NEPO Summit Planning Committee



Danilo Lucila has a long history of service as a surgeon, psychiatrist, and consultant to the United States Air Force. During his time with the Air Force he served as the State Air Surgeon, flight surgeon, and psychiatrist. He provided inpatient, outpatient, and flight medicine. He was called to active duty during Desert Storm and eventually rose to the ranks of Colonel (AFRES/ANG); Dr. Lucila retired in 2003. Prior to his military service, he maintained a private practice in Trenton New Jersey and served as an emergency room physician at St. Mary's Hospital in Langhorne PA.

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(Danilo Lucila, MD Continued)

Since that time he has served as a volunteer conducting medical missions through the Philippine Medical Society of Northern California; he provides consultation to the Department of Energy, and adjudicates psychiatric claims for the Disability and Adult Programs Division of the State of California, Social Security Administration.

He received his medical training at the University Of Santo Tomas Philippines in 1967 and completed multiple residencies at the Rockland Psychiatric Center, Orangeburg, NY in 1972, Trenton Psychiatric Hospital, Trenton, New Jersey in 1971, Newark Beth Israel Medical Center, Newark, New Jersey in 1968, and The US Air Force Hospital, Clark, AB, RP in 1967.

Dr. Lucila has received many auspicious honors and awards for his service over the years. Included among them is The State Air Surgeon, California Air National Guard, 1994- 2003, USAF Surgeon General Award 2000, Air National Guard Outstanding Flight Surgeon of the Year 1997, Sikorsky Rescue Award, 1990. He is also past President of the Philippine Medical Association of Hawaii, past Vice President of the Philippine Medical Society Northern California.

Presenter

Albert Yu, MD, MPH, MBA

Director,

Chinatown Public Health Center

Dr. Yu is the director of the San Francisco Department of Public Health – Chinatown Public Health Center and a clinical professor in the Department of Family and Community Medicine at the University of California San Francisco, School of Medicine. The Chinatown Public Health Center has been serving indigent Chinese and Asian immigrants since 1928. Its mission is to provide quality, accessible, culturally-competent, and community-oriented health care services to vulnerable San Franciscans. Prior to joining CPHC in 2007, Dr. Yu was the vice chair in the UCSF Department of Family and Community Medicine where he also served as chief of the UCSF Family Medicine Services and medical director of the faculty practice.

He attended Cornell University, the State University of New York at Stony Brook School of Medicine, the University of California Berkeley School of Public Health, and Golden Gate University School of Business. He completed his family medicine residency at UCSF, where he served as additional year as chief resident and completed a faculty development fellowship program. His primary interest is in eliminating health disparities, particularly issues that impact Asian American and Pacific Islander communities, healthcare system barriers, and primary care innovations.

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Candice Wong, MD, MPH, PhD
Associate Adjunct Professor
Physiological Nursing
University of California, San Francisco

Candice Wong is a physician (internal medicine) with a Ph.D. in epidemiology, An Associate Adjunct Professor in the School of Nursing and the School of Medicine at the University of California, San Francisco. Her program of research focuses on cardiovascular epidemiology and health services research examining health disparities, access to appropriate health services and health outcomes. In addition to understanding the communities' perspectives, she has examined providers and institutional factors in providing, outreaching and disseminating health information and services.

Dr. Wong has been the PI on a number of community based research studies over the past 10 years. Most of Dr. Wong's research has been in Asian immigrant communities in California. Due to the multi-disciplinary nature of her research, Dr. Wong is currently serving in a leadership position on 3 national programs that address AAPI health concerns: a) Asian American Network for Cancer Awareness Research and Training (AANCART), a 5-year, 5-center project funded by the National Cancer Institute, aim to build infrastructure to increase cancer awareness, research and training among Asian Americans in four targeted regions (San Francisco, Los Angeles, Seattle and New York). Dr. Wong is currently a senior advisor on the project, b). American Heart Association, Western Affiliates – Asian Pacific Islander Americans Task Force, initiated in 1985, the Task Force has sponsored educational activities, bilingual health conferences, development of television and radio public service announcements, and adaptation and translation of education materials in Asian communities throughout the Western States. Dr. Wong is the current Chair of the Task Force. c). Federation of Chinese Americans and Chinese Canadians Medical Association, with more than 3000 members in North America, is committed to supporting research and educational activities to enhance the health of the Chinese population. Dr. Wong is a current member of the Research Committee.

Relevant Work by Dr. Candice C. Wong

Chinese Community Smoking Cessation Project

The goal of this clinical trial is to test the efficacy of a culturally and linguistically tailored physician directed, nurse managed, smoking cessation and relapse prevention among Chinese smokers in San Francisco Bay Area. At this time, the study has randomized 390 participants into either a self-help manual only condition or the intensive counseling condition.

Quality of Hypertension Care among Asian Refugees

Dr. Wong's work in Asian refugee communities (e.g. Hmong) has documented the effects of culture on use of health services and the simultaneous or sequential use of traditional practice and modern health systems in seeking treatment. The project consisted of two parts. The qualitative component, including in-depth interviews with Hmong community leaders and focus groups with Hmong hypertensive patients, was conducted to identify dimensions of quality of care. Using a culturally tailored survey tool, 320 Hmong hypertensive patients were interviewed to assess their health services needs.

The Chinese Wellness Guide

Dr. Wong was the Editor-in-Chief on this 152-page features easy-to-read information in both Chinese and English and photos of people dealing with real-life situations, for non-English speaking, low-income Chinese immigrant families in California. The comprehensive resource section includes toll-free phone numbers, websites, and local organizations providing services to Chinese-speaking communities. The Guide includes sections on Everyday Life, Parents and

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Children and Staying Well. Meticulous attention was paid to the participatory process of developing culturally and linguistically appropriate resource materials in partnership with leaders in the Chinese community involving an advisory committee, consultation with cultural experts on concepts and design, multiple levels of translation, feedback and review by key representatives of the cultural group, and focus group testing of format and content. The date, 100,000 guides has been successfully distributed in Chinese communities throughout California.

Ethnic and Gender Disparity in CVD Care

Dr. Wong evaluated influences of gender and race/ethnicity in the use of coronary procedures after acute myocardial infarction (AMI) among 16 Northern California HMO hospitals under one large health plan (382 Women and 783 Men). This study (a) compared the clinical indications used to refer patients for coronary angiography in an AMII cohort to recommended guidelines established by the American Heart Association/American College of Cardiology Task Force (AHA/ACC); (b) tested whether gender and race were independent criteria used to refer patients for coronary angiography, controlling for the effects of age, co-morbidity and severity of disease; and (c) compared one year post-MI mortality rate among individuals who received early diagnostic evaluation and therapeutic intervention and individuals who did not.

**Edward Chow, MD
Executive Director,
Chinese Community Healthcare Association**



Edward A. Chow, MD serves as the Executive Director of the Chinese Community Health Care Association (CCHCA), a non-profit medical group serving the Chinese Community in San Francisco. The Chinese Community Health Care Association is a non-profit mutual benefit association of one hundred and seventy physicians that functions as an individual practice association to provide culturally competent medical services for over 26,500 managed care enrollees in Medicare, Commercial, Medicaid and Healthy Families Programs in five managed care plans. Dr. Chow is also Medical Director of the Chinese Community Health Plan (CCHP), sponsored by the Chinese Hospital Association of San Francisco. The Chinese Community

Health Plan was organized to meet the linguistic and cultural needs of the Chinese community in San Francisco. He is also chair of the Chinese Community Health Resource Center of Chinese Hospital, which was recognized in the year 2000 as the outstanding community program for small health plans by the American Association of Health Plans.

Dr. Chow is serving his fifth four-year term on the San Francisco Health Commission, which as responsibility for over \$1 billion of services and facilities including San Francisco General Hospital and Laguna Honda Hospital. Dr. Chow was chairman, first president and is currently a member of the Board of Directors of the NICOS Chinese Health Coalition, a San Francisco coalition of health and human services agencies and private providers which evaluates and advocates for health issues related to the Chinese and Asians in San Francisco. He has serviced as President of the San Francisco Medical Society and President of the California Society of Internal Medicine. He is a delegate to the House of Delegates and was a past member of the Board of Trustees of the California Medical Association. He is currently

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(Edward Chow, MD Continued)

secretary of the Board of Institute of Medical Quality, a subsidiary of the California Medical Association, involved in quality assurance activities.

Dr. Chow was Chair of the first national Conference of Health Problems Related to the Chinese in America, and a charter member of the steering committee of the Asian & Pacific Islander American Health Forum, the nationally recognized advocate for Asian health issues. He was also a founder of the Chinese Community Cardiac Council of the San Francisco Heart Association, and the Federation of Chinese American and Chinese Canadian Medical Societies. He is a frequent lecturer or panelist on health access and the need for cultural competency.

3 Hour Workshops

Policy Advocacy Using the Media

**Darla Givens,
Media Correspondent
News 10 ABC Sacramento CA**



News10 meteorologist Darla Givens knows how tough it can be to predict the weather in Northern California. That's because she's seen the worst that El Nino, La Nina, and other local weather phenomena have to offer.

Before assuming her current role as weathercaster for News10's weekend newscasts, Darla spent nearly four years on Northern California television as the weekend weather person for Fox affiliate KTXL, Channel 40. Prior to moving to Sacramento in 1996, Darla forecast Central Valley weather for KFSN, the ABC affiliate in Fresno.

Darla has a Bachelor's Degree from California State University, Dominguez Hills. She's also completed the program in broadcast meteorology at San Francisco State University.

**Azizza Davis Goines
President/CEO,
Sacramento Black Chamber of Commerce.
Host
Here's to Your Health, Live Radio Show
Radio: KDEE 97.7 FM Sacramento
Online: www.kdeefm.org**

Ms. Azziza Goines is an expert in Association Management, including program development and implementation, community relations, fund development, board development, public policy and advocacy and strategic planning. Her personal mission involves reducing disparities in healthcare and facilitating access to comprehensive, culturally sensitive healthcare for all – particularly those infected and affected by HIV/AIDS.

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She has demonstrated proficiency in providing community outreach through collaboration and training. Presently, Ms. Davis Goines hosts the program "Here's to Your Health" on FM Radio and often includes guests providing information to the community addressing issues affecting the health of all, but in particular African Americans.

Ms. Davis Goines has recently accepted the position of President/CEO for the Sacramento Black Chamber of Commerce.

Lunch

Moderator

Elissa K. Maas, MPH
Vice President of Community Health
CMA Foundation



A native of Washington DC, Elissa grew up in the Bay Area and has worked throughout California for the past 29 years, in both the private and public sectors, specializing in community health.

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The Foundation is focused on strengthening the infrastructure to support physician led community health efforts through a community mapping process and developing the funding support for projects through corporate solicitation and grant development. As Vice President of Programs, Elissa works with medical organizations including ethnic medical associations, health plans, public health agencies, consumer groups and community-based organizations throughout California and nationally.

Elissa has her BA in Sociology from the University of California, Riverside and received her Master's in Public Health from UCLA.